

Worried about **H1N1 SWINE FLU**? What you should do.

IF YOU ARE	AND YOU HAVE	YOU SHOULD
Not at High Risk	Fever (100.4) plus cough or sore throat	Stay home until you've felt completely well for a day. Don't go to a hospital.
* High Risk	Fever (100.4) plus cough or sore throat	Call your doctor to discuss whether you need medicine for flu. Don't go to a hospital.
Anybody with severe illness like difficulty breathing	Fever (100.4) plus cough or sore throat	Get to a hospital right away. If you call 911, say you may have severe influenza.

*** PEOPLE AT HIGHER RISK OF FLU COMPLICATIONS INCLUDE:**

Babies under 2 | Seniors | Pregnant women | People with asthma, diabetes or other conditions affecting the heart, lungs, blood, liver or kidneys | People with weakened immune systems | People under 18 on long-term aspirin therapy

DO YOU HAVE A FEVER? A reading of 100.4 or higher is a fever.